



**Stratford St. Mary Primary School**  
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31<sup>st</sup> January 2020

Dear Parents,

As in previous years, I will be providing Rainbow Club sessions on a Friday lunch time. It is a session where children will receive an invitation to bring their packed lunch or school dinner to eat in Woodpeckers classroom from 12.00 to 12:30 with other children. The sessions are aimed to provide children with a quiet and relaxed environment in which to discuss different topics. Rainbow club is a time for children to:

- Have their lunch in a small and social environment
- Discuss their day
- Socialise in a quieter environment
- Listen to social stories or scenarios and discuss them

Topics/scenarios/ stories discussed are often based on staff suggestions or relevant PHSE topics in order to help children with their emotions, worries or choices. It is hoped that all children will get the chance to come to a session at some point throughout their time at our school. Invitations may be given to children who staff or parents feel would benefit from a particular session, or simply because they haven't had the chance to come before! It is supposed to be a fun and positive thing to do, as it is a chance for children to gain new friends and be reflective of their own experiences in a calm and relaxed environment.

At the end of the session, the children may be given a small packet of skittles. This is to represent the 'rainbow' of different children we have in our wonderful school and as a thank you for taking part in the session.

If you have any further questions, please do not hesitate to come and find me.

Thank you,

Mrs Thornton.

