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| **Year A: 2019-20** | **Autumn term 1** | **Autumn term 2** | **Spring term 1** | **Spring term 2** | **Summer term 1** | **Summer term 2** |
| **SEAL** | New Beginnings | Say No to Bullying | Relationships |  |  | Changes |
| **PSHE**  **Y1/2**  **Y3/4**  **Y5/6** | **Rights, Rules and**  **Responsibilities**  Cit5 RR12  Cit8 RR34  Cit11 RR56 | **My Emotions**  MMR5 ME12  MMR10 ME34  MMR15 ME56  **CHP p207-211**  **Anti-bullying**  MMR7 AB12  MMR12 AB34  MMR17AB56 | **Diversity and**  **Communities**  Cit4 DC12  Cit7 DC34  Cit10 DC56 | **Healthy Lifestyles**  HSL7 HL12  HSL14 HL34  HSL21 HL56  **CHP healthy eating p58-122**  **Mental health p162-166** | **Personal Safety**  HSL9 PS12  HSL16 PS34  HSL23 PS56  **Sex & Relationships**  **Education**  HSL20 SR5  HSL24 SR6 | **Managing Change**  MMR8 MC12  MMR13 MC34  MMR18 MC56  **CHP positivity p190-193**  **Dealing stress p181-185**  **Resilience** |

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| **Year B: 2020-21** | **Autumn term 1** | **Autumn term 2** | **Spring term 1** | **Spring term 2** | **Summer term 1** | **Summer term 2** |
| **SEAL** | New Beginnings | Getting On and  Falling Out | Going for Goals |  | Good to be Me | Good to be Me |
| **PSHE**  **Y1/2**  **Y3/4**  **Y5/6** | **Beginning and**  **Belonging**  MMR4 BB12  MMR9 BB34  MMR14 BB56 | **Family and Friends**  MMR6 FF12  MMR11 FF34  MMR16 FF56  **CHP p212-215**  **Anti-bullying**  MMR 7 AB12  MMR12 AB34  MMR17 AB56 | **Working Together**  Cit3 WT12  Cit6 WT34  Cit9 WT56  **Financial Capability**  EW1 FC12  EW2 FC34  EW3 FC56 | **Drug Education**  HSL8 DE12  HSL15 DE34  HS. DE56 | **Managing Risk**  HSL4 MR12  HSL11 MR34  HSL18 MR56  **Safety Contexts**  HSL5 SC12  HSL12 SC34  HSL19 SC56 | **Sex & Relationships**  **Education**  HSL6 SR1  HSL10 SR2  HSL13 SR3  HSL17 SR4  HSL20 SR5  HSL24 SR6 |

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| **Year A: 2021-22** | **Autumn term 1** | **Autumn term 2** | **Spring term 1** | **Spring term 2** | **Summer term 1** | **Summer term 2** |
| **SEAL** | New Beginnings | Say No to Bullying | Relationships |  |  | Changes |
| **PSHE**  **Y1/2**  **Y3/4**  **Y5/6** | **Rights, Rules and**  **Responsibilities**  Cit5 RR12  Cit8 RR34  Cit11 RR56 | **My Emotions**  MMR5 ME12  MMR10 ME34  MMR15 ME56  **CHP p207-211**  **Anti-bullying**  MMR7 AB12  MMR12 AB34  MMR17AB56 | **Diversity and**  **Communities**  Cit4 DC12  Cit7 DC34  Cit10 DC56 | **Healthy Lifestyles**  HSL7 HL12  HSL14 HL34  HSL21 HL56  **CHP healthy eating p58-122**  **Mental health p162-166** | **Personal Safety**  HSL9 PS12  HSL16 PS34  HSL23 PS56  **Sex & Relationships**  **Education**  HSL20 SR5  HSL24 SR6 | **Managing Change**  MMR8 MC12  MMR13 MC34  MMR18 MC56  **CHP positivity p190-193**  **Dealing stress p181-185**  **Resilience** |

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| **Year B: 2022-23** | **Autumn term 1** | **Autumn term 2** | **Spring term 1** | **Spring term 2** | **Summer term 1** | **Summer term 2** |
| **SEAL** | New Beginnings | Getting On and  Falling Out | Going for Goals |  | Good to be Me | Good to be Me |
| **PSHE**  **Y1/2**  **Y3/4**  **Y5/6** | **Beginning and**  **Belonging**  MMR4 BB12  MMR9 BB34  MMR14 BB56 | **Family and Friends**  MMR6 FF12  MMR11 FF34  MMR16 FF56  **CHP p212-215**  **Anti-bullying**  MMR 7 AB12  MMR12 AB34  MMR17 AB56 | **Working Together**  Cit3 WT12  Cit6 WT34  Cit9 WT56  **Financial Capability**  EW1 FC12  EW2 FC34  EW3 FC56 | **Drug Education**  HSL8 DE12  HSL15 DE34  HS. DE56 | **Managing Risk**  HSL4 MR12  HSL11 MR34  HSL18 MR56  **Safety Contexts**  HSL5 SC12  HSL12 SC34  HSL19 SC56 | **Sex & Relationships**  **Education**  HSL6 SR1  HSL10 SR2  HSL13 SR3  HSL17 SR4  HSL20 SR5  HSL24 SR6 |