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| **Year A: 2019-20** | **Autumn term 1** | **Autumn term 2** | **Spring term 1** | **Spring term 2** | **Summer term 1** | **Summer term 2** |
| **SEAL** | New Beginnings  | Say No to Bullying  | Relationships  |  |  | Changes |
| **PSHE****Y1/2****Y3/4****Y5/6** | **Rights, Rules and****Responsibilities**Cit5 RR12Cit8 RR34Cit11 RR56 | **My Emotions**MMR5 ME12MMR10 ME34MMR15 ME56**CHP p207-211****Anti-bullying**MMR7 AB12MMR12 AB34MMR17AB56 | **Diversity and****Communities**Cit4 DC12Cit7 DC34Cit10 DC56 | **Healthy Lifestyles**HSL7 HL12HSL14 HL34HSL21 HL56**CHP healthy eating p58-122****Mental health p162-166** | **Personal Safety**HSL9 PS12HSL16 PS34HSL23 PS56**Sex & Relationships****Education**HSL20 SR5HSL24 SR6 | **Managing Change**MMR8 MC12MMR13 MC34MMR18 MC56**CHP positivity p190-193****Dealing stress p181-185****Resilience**  |

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|  **Year B: 2020-21** | **Autumn term 1** | **Autumn term 2** | **Spring term 1** | **Spring term 2** | **Summer term 1** | **Summer term 2** |
| **SEAL** | New Beginnings | Getting On andFalling Out | Going for Goals |  | Good to be Me | Good to be Me |
| **PSHE****Y1/2****Y3/4****Y5/6** | **Beginning and****Belonging**MMR4 BB12MMR9 BB34MMR14 BB56 | **Family and Friends**MMR6 FF12MMR11 FF34MMR16 FF56**CHP p212-215****Anti-bullying**MMR 7 AB12MMR12 AB34MMR17 AB56 | **Working Together**Cit3 WT12Cit6 WT34Cit9 WT56**Financial Capability**EW1 FC12EW2 FC34EW3 FC56 | **Drug Education**HSL8 DE12HSL15 DE34HS. DE56 | **Managing Risk**HSL4 MR12HSL11 MR34HSL18 MR56**Safety Contexts**HSL5 SC12HSL12 SC34HSL19 SC56 | **Sex & Relationships****Education**HSL6 SR1HSL10 SR2HSL13 SR3HSL17 SR4HSL20 SR5HSL24 SR6  |

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| **Year A: 2021-22** | **Autumn term 1** | **Autumn term 2** | **Spring term 1** | **Spring term 2** | **Summer term 1** | **Summer term 2** |
| **SEAL** | New Beginnings  | Say No to Bullying  | Relationships  |  |  | Changes |
| **PSHE****Y1/2****Y3/4****Y5/6** | **Rights, Rules and****Responsibilities**Cit5 RR12Cit8 RR34Cit11 RR56 | **My Emotions**MMR5 ME12MMR10 ME34MMR15 ME56**CHP p207-211****Anti-bullying**MMR7 AB12MMR12 AB34MMR17AB56 | **Diversity and****Communities**Cit4 DC12Cit7 DC34Cit10 DC56 | **Healthy Lifestyles**HSL7 HL12HSL14 HL34HSL21 HL56**CHP healthy eating p58-122****Mental health p162-166** | **Personal Safety**HSL9 PS12HSL16 PS34HSL23 PS56**Sex & Relationships****Education**HSL20 SR5HSL24 SR6 | **Managing Change**MMR8 MC12MMR13 MC34MMR18 MC56**CHP positivity p190-193****Dealing stress p181-185****Resilience**  |

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|  **Year B: 2022-23** | **Autumn term 1** | **Autumn term 2** | **Spring term 1** | **Spring term 2** | **Summer term 1** | **Summer term 2** |
| **SEAL** | New Beginnings | Getting On andFalling Out | Going for Goals |  | Good to be Me | Good to be Me |
| **PSHE****Y1/2****Y3/4****Y5/6** | **Beginning and****Belonging**MMR4 BB12MMR9 BB34MMR14 BB56 | **Family and Friends**MMR6 FF12MMR11 FF34MMR16 FF56**CHP p212-215****Anti-bullying**MMR 7 AB12MMR12 AB34MMR17 AB56 | **Working Together**Cit3 WT12Cit6 WT34Cit9 WT56**Financial Capability**EW1 FC12EW2 FC34EW3 FC56 | **Drug Education**HSL8 DE12HSL15 DE34HS. DE56 | **Managing Risk**HSL4 MR12HSL11 MR34HSL18 MR56**Safety Contexts**HSL5 SC12HSL12 SC34HSL19 SC56 | **Sex & Relationships****Education**HSL6 SR1HSL10 SR2HSL13 SR3HSL17 SR4HSL20 SR5HSL24 SR6  |