

PE - Fundamentals  
Kingfishers - Yr 1

Enquiry Questions

*What does ABC's stand for in PE?*

*How can you show control in your movement?*

*How can I show throwing and catching skills?*

*How could i create a game to show my jumping skills?*

Vocabulary

*Agility  
Balance  
Co-ordination  
Speed  
Jumping  
Throwing  
Catching*

National Curriculum Links

*Pupils should develop a plethora of fundamental skills based around ABC's and throwing and catching.*

*This should be done in controlled environments to educate on the basics of said movements.*

*Once pupils are able to show mastery of these skills - they can then be progressed into different environments with tangibles.*

Questions to Consider...

*How can I show a variety of throwing techniques?*

*How can I make catching harder for myself?*

*How can I show linked skills?*

*Can I create controlled movement patterns for people to follow?*

*PE Value for the half term : Integrity and Tolerance*