

PSHE - Managing Safety & Risk

What I should already know: I know what risky situations are and how I might feel. I know my full name, address and phone number and when I might need to give them. I know what an emergency is and who can help. I know what makes a place or activity safe for me. I know the benefits and risks for me when walking near the road and how I can stay safer. I can say what I enjoy when I'm near water and how I can stay safer. I know the risks for me if I am lost and how I can get help. I know how I can help to stop simple accidents from happening and how I can help if there is an accident.

Enquiry Questions

- When am I responsible for my own safety as I get older and how can I keep others safer? (2 lessons)
- How can I safely get the attention of a known or unknown adult in an emergency?
- How can being outside support my wellbeing and how do I keep myself safe in the sun?
- What actions could I take in an emergency or accident and how can I call the emergency services?



Key Vocabulary

Benefit - Anything that does someone good or gives an advantage.

Emergency - A serious situation or sudden crisis that calls for fast action.

Emotional risks - Risks concerned with emotions or feelings.

Physical risks - Things or conditions within the environment that can harm your health.

Resilience - The ability to withstand and recover quickly from difficulty, sickness, or the like.

Risk - A chance of getting hurt or losing something.

Social risks - Risks concerned with social situations e.g. getting into an argument, losing a friend, getting told off.

PSHE Skills

Pupils will: (Blue = Y5)

- Describe some physical and emotional reactions to risk. / Describe some benefits and consequences of taking risks, in familiar and unfamiliar contexts.
- Describe how friends might influence them in risky situations.
- Describe ways their levels of responsibility are changing.
- Describe strategies for getting help from known and unknown adults, even when this is difficult.
- Explain strategies for staying safe near roads and water. Describe ways they could safely act in an emergency. / Describe strategies for staying safer on the roads when using them independently as a cyclist or pedestrian.
- Describe strategies to keep safer in the sun.
- Carry out a simple first aid procedure. / Describe some first aid procedures to be used in familiar and unfamiliar situations.
- Explain ways to prevent accidents in familiar settings.

