

What I should already know : Children know and talk about the different factors that support their overall health and wellbeing.

Enquiry Questions

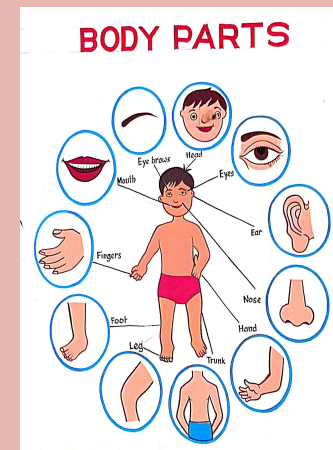
- Can we describe our own appearance and name external body parts?
- Can we understand ways in which our body has changed since we were a baby?
- Can we understand and value what our bodies can do?
- Can we recognise similarities and differences between the bodies of girls and boys, including using agreed names for the sexual parts?
- Can we understand ways of looking after our body and keeping it clean?
- Can we understand ways in which we can take responsibility for keeping ourselves clean and recognise situations where we still need to be supported by others?
- Can we understand how members of my family and other trusted people care for and look after me?
- Can we recognise how we feel about growing up?

Key Vocabulary

Range of feelings words e.g. happy, pleased, calm, sad.
baby - a very young child
child - a young human being
girl - a female child
boy - a male boy
range of action words e.g. run, jump
growing up - childhood to adulthood
germs - tiny organisms or living things that can cause disease.
boy - a male child.
girl - a female child.
male - a man or a boy.
female - a woman or a girl.
size - how large or small someone or something is.
shape - the appearance of an object as defined by its outer surface or outline.
range of simple external body parts e.g. hands, head, teeth
vulva - the vulva is the correct term for the parts of female genitalia that can be seen from the outside.
penis - the penis is the correct term for the parts of male genitalia that can be seen from the outside.
testicles - male sex glands.
bottom - the fleshy part of the human body that you sit on.
range of more specific external body parts e.g. stomach, chest

Pupils will

- be able to use a range of words to describe their own appearance
- be able to describe ways their body has changed since they were a baby
- be able to talk positively about some of their body's capabilities
- be able to name a sex specific body part using scientific vocabulary
- be able to wash their hands at school
- be able to explain when they might need help to take care of themselves
- be able to talk about ways people in families look after each other
- be able to describe a feeling they associate with growing up.



Links to other areas of the Curriculum: Speaking and Listening.