

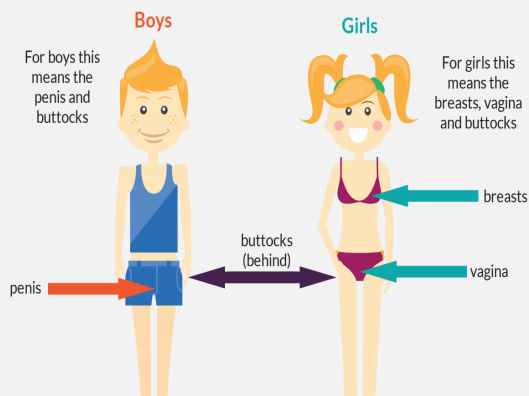
**Summer 2 2023 Cycle B Year 3 and 4  
PSHE: Relationships and Sex education.**

**What should we already know?** Children have learnt the names of the male and female body parts and labeled them in Year 2. They have watched the NSPCC 'pantosaurus' song and learnt about what is 'private'. They have learnt that we have responsibility for our body's actions and that our body belongs to us and how to keep themselves clean. Children have looked at basic hygiene practices, e.g. washing hands, using a tissue, and how these prevent the spread of diseases.

Enquiry questions:	Vocabulary:	Skills:
<ul style="list-style-type: none"> <li>• Can we use the scientific names for male and female sexual parts and use them confidently?</li> <li>• Do we understand appropriate times to talk about private body parts, how they change and identify trustworthy and approachable adults?</li> <li>• Can we learn to value our own bodies and recognise its uniqueness?</li> <li>• Can we understand the benefits of carrying out regular personal hygiene routines and think about who is responsible for our personal hygiene now, and how this will change the future?</li> <li>• Can we understand a range of ways illness and disease might be spread and how we are able to reduce this?</li> </ul>	<p><b>bottom</b> - the fleshy part of the human body that you sit on.</p> <p><b>breast:</b> either of the two soft, protruding organs on the upper front of a woman's body that secrete milk after pregnancy.</p> <p><b>danger:</b> is the possibility of something bad happening.</p> <p><b>different</b> - not the same.</p> <p><b>disease:</b> a disorder of structure or function in a human, animal, or plant, especially one that has a known cause and a distinctive group of symptoms, signs, or anatomical changes.</p> <p><b>emotions:</b> a person's inner feeling.</p> <p><b>friend:</b> A peer who you trust and like.</p> <p><b>illness:</b> a disease or period of sickness affecting the body or mind</p> <p><b>network of support:</b> family members, friends and trusted adults whom you trust.</p> <p><b>penis</b> - the penis is the correct term for the parts of male genitalia that can be seen from the outside.</p> <p><b>personal hygiene:</b> conditions or practices conducive to maintaining health and preventing disease, especially through cleanliness.</p> <p><b>personal information:</b> a person's full name, where they live, their phone number etc.</p> <p><b>prevent:</b> to keep or stop from happening.</p> <p><b>Private:</b> belonging to or for the use of one particular person or group of people only.</p> <p><b>responsibility</b> - you do the things you are supposed to do and accept the results of your actions</p>	<p>Be able to use the scientific terms penis, testicles, breast and vagina and explain which parts are male and which are female.</p> <p>Be able to give several examples of the capabilities of their own bodies.</p> <p>Be able to describe familiar hygiene routines and understand the reasons for doing these things.</p> <p>Be able to anticipate new responsibilities for their personal hygiene.</p> <p>Be able to explain how common illnesses are spread and be able to describe how they can prevent the spread of one such illness.</p>

### Private parts:

'Private parts' are parts of the body that are covered by a bathing suit.



**risk:** a chance of getting hurt or losing something..  
**safe:** something that is secure from harm or danger.  
**safety:** anything that people do to protect themselves or others from harmful accidents.  
**same** - something identical with or like another.  
**similar** - having resemblance or likeness.  
**special** - different from others  
**testicles** - male sex glands.  
**unique** - being the only one of its kind  
**Vagina:** the muscular tube leading from the external genitals to the cervix of the uterus in women and most female mammals.  
**vulva** - the vulva is the correct term for the parts of female genitalia that can be seen from the outside.

### Personal hygiene:



**Cross curricular links:** Stratford Bs, Computing- online safety, Literacy- speaking and listening