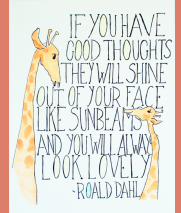


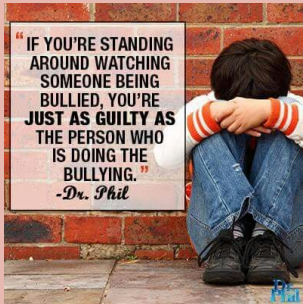
PSHE: Anti-Bullying



What I should already know: I know why people might fall out with their friends. I can describe what bullying is. I understand some of the reasons people bully others. I know why bullying is never acceptable or respectful. I know how people might feel if they are being bullied. I know who I can talk to if I have worries about friendship difficulties or bullying. I know how to be assertive. I know what to do if I think someone is being bullied. I know how people can help me to build positive and safe relationships. I know what my school does to stop bullying.

Enquiry Questions

- What are the differences between friendship difficulties and bullying?
- What are the different types of bullying?
- What do all types of bullying have in common?
- How do people bully?
- How do people who bully use power imbalance, manipulation and exclusion within groups?
- Do people who are bullied experience it in different ways?
- How does prejudice sometimes lead to bullying?
- How do people use technology and social media to bully others and how can I help others to prevent and manage this?

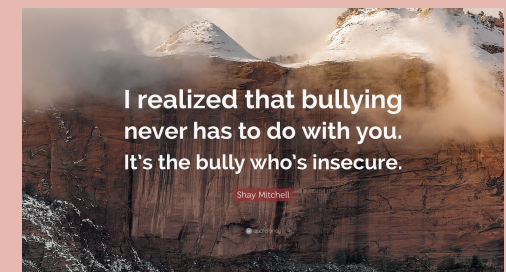


Key Vocabulary

- Assertive** - Clearly explaining what you need or want from someone without being pushy or trying to frighten them.
- Bullying** - Deliberately and repeatedly frightening or hurting others
- Bystander** - Someone who happens to be present when something takes place but does not take part in it.
- Cyberbullying** - Bullying that is done by posting hurtful electronic messages on the internet.
- Discrimination** - the unfair or prejudicial treatment of people and groups based on characteristics such as race, gender, age, or sexual orientation.
- Diversity** - differences between 2 or more things
- Heterosexism** - discrimination or prejudice against gay people on the assumption that heterosexuality is the normal sexual orientation.
- Homophobia** - dislike of or prejudice against gay people.
- Indirect bullying** - Bullying someone by ignoring them or leaving them out, spreading rumours about someone or giving them threatening looks.
- Misjudge** - form a wrong opinion or conclusion about something or someone
- Peer pressure** - Feeling like you have to do something because people around you want or expect you to.
- Perpetrator** - The person who commits or carries out the bullying.
- Physical bullying** - Any type of bullying that hurts you by touching you.
- Prejudice** - Hatred or unfair treatment towards a person or group, often of a certain race or religion, without cause or reason.
- Racism** - discrimination against a person or people on the basis of their membership of a particular racial or ethnic group
- Sexism** - a belief that one sex is superior to or more valuable than another
- Sex**.
- Social media** - websites, apps and social games that connect people to each other through the sharing of pictures, thoughts, ideas, articles, and other content.
- Stereotype** - an often unfair and untrue belief that many people have about all people or things with a particular characteristic.
- Verbal bullying** - Bullying by using unkind words or calling names or by threatening someone
- Victim** - a person harmed, injured, or killed as a result of a crime, accident, or other event or action.

Pupils will:

- Be able to describe the key characteristics and forms of bullying
- Be able to talk about personal reasons why someone may engage in bullying
- Explain the difference between bullying and falling out
- Be beginning to identify and describe specific types of prejudice driven bullying
- Be able to describe the different roles of those involved in a bullying situation
- Be able to describe how peer pressure affects a situation, and demonstrate simple strategies to intervene in a bullying situation and defend a person who is being bullied
- Be able to describe confidently and demonstrate a number of assertiveness techniques
- Be beginning to identify places where bullying may take place in the community.



Links to other curriculum areas: Computing - E-safety English: Speaking & Listening