

Autumn 2

Kingfishers (Yr 1)

PE - Year 1 - Team Building

*What I should already know... some knowledge of Forest School Rules; sharing and turn taking*

Learning Objectives

*To co-operate with a partner to complete challenges*

*To explore and develop working as a team*

*To develop talking, listening and sharing skills*

*To use speaking and listening skills to lead a partner*

*To plan with a partner and small group to complete challenges*

*To use talking listening and sharing skills to complete challenges*

Vocabulary

- Challenge
- Co-operate
- Instructions
- Lead
- Listen
- Plan
- Share
- Talk

Being able to work as a team is an important skill.

What helps to make you a good teammate?

Rules help you play fairly and help you stay safe.

Remember work safely around others and when using equipment.

Links to the National Curriculum

KS1

*Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and co-ordination, individually and with others. They should be able to engage in co-operative physical activities in a range of increasingly challenging situations.*

*Pupils should be taught to master basic movements inc. developing balance, agility and co-ordination and begin to apply these in a range of activities.*