

PE - Dance

What I should already know: I can perform basic actions with control. I can watch and copy the teacher. I can watch and copy a partner. I can perform an action in unison with a partner. I can talk about what I am doing with appropriate vocabulary. I can learn a series of different actions. I can link actions when prompted to move onto the next. I can remember a series of actions with a partner to help me. I can perform a series of actions from start to finish without a prompt from the teacher. I can use the same actions when repeating a short pattern. I can stop when I have finished.

Enquiry Questions

- Can we copy and create actions in response to an idea and adapt this using changes of space?
- Can we choose actions which relate to the theme?
- Can we develop a dance using matching and mirroring?
- Can we learn and create dance moves in the theme of carnival?
- Can we develop a carnival dance using formations, canon and unison?
- Can we develop a dance phrase and perform as part of a class performance?

Key Vocabulary

Canon – A dance technique that requires dancers to take it in turns to perform a movement. This movement is then identically copied and performed by others.

Carnival – A festival usually involving processions, music, dancing and masks.

Formation – A particular arrangement of people.

Matching – Performing actions or shapes that are similar to but not exactly the same as another dancer's.

Mirroring – This technique requires dancers to do the same travel, jump, shape or balance at exactly the same time.

Phrase – An idea that is repeated and developed throughout the dance.

Theme – The main subject or topic.

Unison – When two or more dancers perform exactly the same movements at exactly the same time.

PE Skills

Pupils will:

- Perform dances using a range of movement patterns.
- Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Useful images of carnivals:



[Links to other curriculum areas:](#) Music